



PARENT SUPPORT GROUP

What is it like to parent a child with special needs? Parent support groups are a terrific way for parents facing similar, challenging situations in life to offer each other encouragement, share ideas, and reduce stress.

Come meet other parents for an evening of sharing thoughts and feelings, discussing ways of coping, as well as gaining resources that might be helpful. A light meal will be provided for parents and children.

When:

**Meet the 2nd Thursday of every month
5:00-6:30 p.m.**

Where:

**marcfirst/SPICE
1606 Hunt Drive
Normal, Illinois**

Supervised playtime will be available for children, reservations are required. For more information or to RSVP, please call Leigh Hayes at (309) 452-0069, ext. 260 or email: leighhayes@marcfirst.org